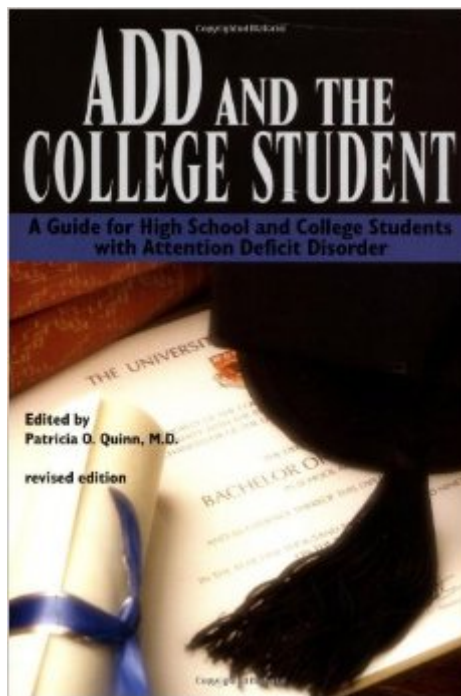


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# ADD And The College Student: A Guide For High School And College Students With Attention Deficit Disorder



## Synopsis

Armed with the wisdom of both specialists and those who have "been there" themselves, readers with ADD can approach the prospect of college with confidence. This concise handbook is packed with practical information and advice to help students navigate the smoothest possible transition to college life. Substantially expanded and revised, with chapters written by physicians, psychologists, and educators who are specialists in ADD, *ADD and the College Student* provides a wealth of information, including: Getting into the college of your choice; Locating and making full use of resources on campus; Personal commentaries from college students with ADD; Securing learning accommodations that highlight your abilities; Your legal rights as a student with ADD; Working with an ADD coach; Life-style habits for your success

## Book Information

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## Customer Reviews

Patricia Quinn, MD has put together a helpful, concise, easy-to-read book that addresses the problems which may develop for students in high school and college. Each chapter is written by a different specialist who offers information on their specific topic. I recommend this book to all my ADD teenaged clients whether or not they want to go on to college. It is an extremely helpful resource.

This book helped identify gifted students with ADD who were not doing well in college. The checklist included was helpful for the student in his consultation with the physician who was treating his ADD.

The physician liked the checklist so much that he asked to copy it for his files!

This book is, at best, an intro to ADHD. I bought it hoping that there would be some specific "how to study" tips for highschool and college students with AD/HD, but there is nothing of the sort. In fact, there is very little in this book that isn't found in other books written for children or adults. The chapter, "Legal rights of students with ADD" is useful and relevant, but that is 10 pages out of a 150. There are two other annoying things about this book. First, Quinn uses the term 'ADD', which has been scientifically obsolete since the 1980s. Second, Quinn's writing style is somewhat condescending. I would recommend that a person new to their diagnosis, or even somebody who is old hand, read "You Mean I'm not Lazy, Stupid, or Crazy?" as opposed to this book.

I learned a lot from this quick read. I am the mother of a 16 year old girl recently diagnosed with ADD. I learned that much of my frustration with my daughter is really frustration with her ADD. Good info on coping strategies and resources, and an especially nice chapter about ADD as it manifests for girls, as opposed to boys. My daughter also enjoyed reading it and it helped to improve her self esteem, reinforcing that much of the frustration she has faced was the result of her ADD, and there are ways to work with this so she can enjoy more success in her life. This book was recommended by the psychologist we worked with.

I've read much on ADHD, but if I were only reading one book, I would pick this book. Straight forward, well organized, empathetic, thorough, and realistic, this guide provides a road map to success. Additionally, the medication and legal issues sections will serve as handy and quick references. Quinn has provided the ADD student and parent with an outstanding guide book.

Anything that can help a parent get a child with HD/HD through school is a must read. Sometimes if you only get one thing from the whole book - that one thing may have the most impact on how you cope.

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